



**XENIOS GATE**  
WELLNESS & SPA CENTER  
in ALEXANDRA BEACH



## SPA MENU





## Spa care roman bath

*Stop for a moment and contemplate a different kind of inner journey. A journey that takes you on a conscious path to new beginnings. Achieve a journey that leads you to an enhanced life. Feel comfortable.*

### **ROMAN BATH**

1 hour relax in Roman Bath

### **TEPIDARIUM – SAUNA**

Provides good physical condition. The “warmth bath” helps body detoxification through sweat, thus enhancing the body’s metabolism and getting better sleep.

### **CALIDARIUM – STEAM BATH**

The contact flow of steam creates an environment of 43/45 C and 90% humidity that helps the cardiovascular and respiratory system, while balancing the skin’s pH

### **LACONICUM**

The revival flow of old Roman Baths in an environment of 55/60C and normal humidity. You can stay there pleasantly for long (more than 20 min.) and have intense perspiration. Furthermore, the essential oils, the fountain and the music make visiting this Roman chamber a unique experience.

### **WATER PARADISE**

A journey from warm waters to cold or vice versa, enriched with different aromas and colours, that involves tropical shower, cold mist, emotional shower and complete – contrasting jet shower.

### **HYDROTHERAPY**

Body massage with a hot water and air jet. It is the ideal way to get rid of anxiety and fatigue and relax your stressed muscles.



## Skin care collection

### **CLEANSING DEEP TREATMENT**

Deep facial cleaning that removes all dead skin cells, dirt and excess oil, leaving the skin pure and radiant.

### **DEEP HYDRATION WITH VITAMINS**

Intensive moisturizing and lipid balancing treatment with vitamins. The skin regains its smoothness and softness.

### **TEENS CLEANING TREATMENT**

Effective treatment for skin imperfections. Leaves the skin visibly refined and fresh.

### **CALMING SENSITIVE TREATMENT**

Calming facial treatment for irritated, sensitive, and stressed skin. The skin is regenerated and regains its natural defenses. – After sun treatment. -

### **AGE DEFENSE LIFTING TREATMENT**

Intense restructuring, regenerating and smoothing effect for demanding skin, with pronounced lines, wrinkles and declining skin tone. The highly effective hyaluronic acid complex that is contained in the treatment products, restructure and plump up the skin intensively and strengthen the collagen structure. For a visible, palpable improvement in the firmness and tone of the skin and increase in skin elasticity and flexibility.

### **ROYAL JELLY TREATMENT**

Anti – stress treatment for your skin with royal jelly from Thassos region. The best natural anti-aging treatment.

### **NATURAE ORGANIC TREATMENT**

Organic skincare based in white tea extract. Anti – oxidizing and anti – polluting, protection against free.





## Massage collection    Body scrub collection

### **GREEK SAFRAN EXPERIENCE**

Rejuvenating, stretching massage based on saffron, with the help of a silk foulard.

### **AEGEAN MAGIC**

Listen to the sea and pamper yourself with an exotic massage with seashells and cinnamon.

### **ELIXIR OF THE OLYMPIAN GODS**

Enjoy a unique ritual on your body, with warm oil and pindas filled with rice and spices.

### **SANTORINI VOLCANIC ENERGY**

A special full body massage with hot and cold volcanic stones, that will lead you to a state of balance serenity and well being.

### **AYURVEDA – HEAD MASSAGE**

A special head massage with warm oil that flows on the third eye (forehead).

### **NECK & BACK MASSAGE**

Relaxing, aromatic neck and back massage.

### **ANCIENT GREEK ANTI – STRESS**

Reach the ultimate state of relaxation and well – being, from head to toe, inspired by Ancient Greece with olive oil.

### **PEELING OF THE MEDITERRANEAN SEA**

Body peeling with seaweed salts and vitamins, for smooth and rejuvenated skin.

### **SPICY EAST JOURNEY**

An incredible mixture of the most precious spices (cinnamon, ginger, vanilla and cardamon) together with resin, myrrh and sandalwood that penetrate through the senses.

### **ESSENCE OF THE MEDITERRANEAN SCRUB**

Inspired by all the lands bordering the Mediterranean Sea such as Greece, Morocco... wonderful aromas and textures of argan, olive seeds, grape seeds, orange blossom water, providing an utmost enjoyable experience.

### **CHOCOLATE PEELING**

Body scrub with chocolate that offers total relaxation and wellbeing.



## V.I.P. Treatments - Thassos signature experience

### **THASSOS HERBAL & PLANT RITUAL**

Olive oil and argan nuts are the basis of this fragranced exfoliation followed by the full body massage with warm candle oil of jasmine and orange blossom flowers and olive oil.

### **DELUXE THASSOS TREATMENT**

A unique treatment for relaxation and wellbeing with local products of Thassos island (olive oil, honey and wine) that you will never forget. Facial treatment with royal jelly, an unforgettable exfoliating body experience with olive kernels, olive oil massage and wrapping with grapes.

### **THE MAGIC ISLANDS OF THE SILK ROUTE**

A multi – seasonal treatment from the Spice island that stimulates mind, body and soul. After feeling the ostrich feathers caressing and renewing your skin with the help of the most precious spices, choose your favorite massage with saffron and foulard, with cinnamon and shells or with warm oil and pindas. Conclude your wondering around the Spice island with a silky veil on your body.

**Saffron and foulard**

**Cinnamon and shells**

**Warm and pindaspice**

SPECIFIC FACIAL  
TREATMENTS

### **SKINLIGHT**

Facial multifunction deals with different facial cosmetics disorders including flaccidity wrinkles, pig-mentary disorders, and problems caused by dehydration, using six basic functions. Dermabrasion with a diamond tip. Facial drainage and circulatory stimulation. Electroporation, phototherapy, cryotherapy and Transparent, electro conducting gelatin mask.

SPECIFIC BODY  
TREATMENT

### **PNEYMATRON**

Vibration therapy

### **STS (SUBDERMAL THERAPY SYSTEM)**

Combines the most advanced and efficient techniques for managing the main factors which cause cellulite and result in localized fatty deposits. Modulated Medium Frequency Current (MMF). Ultra sound. Sono – iontophoresis and vacuum therapy assure the integral remodeling of body aesthetics and result in a smooth, uniform skin.



## Nuvola wrapping treatment

“Its like floating on clouds.” This is what people say when they let themselves enjoy the warm hug of the “NUVOLA”. The feeling of absences of gravity due to floating without getting wet, makes our muscular system relax, our spine stretch, the mind is emptied and the body receives all the benefits of mud, seaweed or any other active ingrediencies to be used, while offering absolute relaxation and total rejuvenation. Being in the hug of “NUVOLA” maintains contact with the treatment products, thus enhancing the therapeutic result.

### **DELUXE CHOCOLATE**

Soft, warm and delicious wrap that helps body contour, caresses the skin, awakens the senses and offers the sweet delight of chocolate.

### **CLEOPATRA'S BATH**

Milk bath with a silky foam, rich in milk proteins and collagen, for hydration and nutrition.

### **DELUXE GRAPE**

All benefits of wine – therapy are within this exclusive red grape body wrap. Provides the skin with elasticity, toning and youth.

### **DEAD SEA MUD PACK**

Combination of sea mud and brown algae, that eliminates liquid retentions, stimulates and sets the skin's vital functions in helping weight loss.

### **SYBARITE SILK WRAP**

A wrap based on silk extract, that caresses your skin and leaves it incredibly smooth.

### **THE TOUCH OF GOLD**

A glamorous golden veil that covers your body and provides the skin with a valuable anti – aging treatment.

### **WHITE PEARL BEAUTY WRAP**

The magical serenity of the moon, fills the skin with pearly reflection while deeply hydrating it.

### **AFTER SUN ESSENCE OF THE MEDITERRANEAN WRAP**

Feel instantly relieved thanks to the properties of Aloe Vera. Ideal to re -hydrate and nourish body skin after sun exposure.





## Manicure-Pedicure-Waxing

### *More for men*

#### **JUST FOR MEN VITALITY**

Facial treatment for men. The skin regains its elasticity, freshness and vitality.

#### **GENTLEMANS MANICURE**

Relaxing treatment for hands with manicure, exfoliation and massage with nourishing cream.

#### **GENTLEMANS PEDICURE**

Relaxing treatment for your feet with nail care, exfoliation and massage with a nourishing cream.

### *More for women*

#### **MANICURE**

Carefully clean, file, roll back the cuticles, scrub, massage with cream and apply the nail polish of your choice.

#### **SPA MANICURE**

Relaxing treatment for hands with manicure, exfoliation, hand mask, massage with nourishing cream and finishing with the nail polish of your choice and nail art.

#### **POLISH CHANGE**

#### **PEDICURE**

Carefully clean, file, roll back the cuticles, scrub, massage with cream and apply the nail polish of your choice.

#### **SPA PEDICURE**

Relaxing treatment for feet with manicure, exfoliation, foot mask, massage with nourishing cream and finishing with the nail polish of your choice and nail art.

#### **GEL PEDICURE**

#### **GEL**

#### **GEL FORMATION**

#### **SHELLAC\* (Nouveau)**

## Waxing

#### **FULL LEG**

#### **HALF LEG**

#### **BIKINI**

#### **UNDERARMS**

#### **EYEBROW SHAPE**

#### **ARMS**

#### **FULL ARM**

#### **CHEST**

#### **CHEEK**

#### **BACK**

#### **UPPERLIP**

#### **LASH EXTENTIONS\***

(Nouveau)

#### **EVENING MAKEUP\***



## Bridal and cosmetic services

Discover the perfect look for your face, body and nails on your special day of your life. Meet with our professionals for a consultation before the big day at the spa or at your room.

With prior arrangement, we can assist with preparation for the entire bridal party and create a special experience for all involved. You will share the beauty experience with your friends.

**Bridal make up with one trial**

**Bridal make up with two trials**

**Bachelor spa party for 4 persons**

(wet area, decoration with flowers, balloons, finger food, a glass of champagne and refreshments and 30% discount for extra therapies from our price list.)

### SPA FICTION RULES

You are kindly requested to arrive at the spa area 10 min. before your scheduled appointment.

#### Spa opening hours:

Monday – Sunday 10.00-20.00

- Entrance is permitted for persons over 16 years old ( only with parents).
- In case of cancellation, we are kindly ask you to inform us at least 4 hours earlier. Otherwise you will be charged with 50% of the cost of the treatment.
- The spa provides you with bathrobe, towels and slippers.
- Your delayed arrival might reduce the treatment time.
- You are kindly requested to keep valuable items in your locker. In case of any loss, the spa will not have any responsibility.
- Question are of course, welcome.